



Kenilworth @ Work!

October 2025



Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. 1 Peter 4:10

BARB'S NOTE-ABLE NOTES



"There is neither Jew nor Greek, slave nor free, male nor female, for you are all one in Christ Jesus." Galatians 3:28

World Communion Sunday, October 5

October 5 we will be celebrating World Communion Sunday. One of the clear teachings of the Bible is that the gospel does not presuppose the superiority of any race or culture. In the past, missionary endeavor has too frequently imposed "our" culture on others while spreading the gospel, often putting native believers in bondage to another culture rather than to Christ and the Scriptures alone. Our

opening hymn will be "In Christ There Is No East or West."

This hymn was part of a script written in 1908 by John Oxenham for a giant missionary exhibit sponsored by the London Missionary Society's exhibition, The Orient in London. It is estimated that over a quarter of a million people viewed this work. It was presented for a series of years both in England and in the United States from 1908-14. Oxenham wrote the entire text for this presentation.

John Oxenham was born in Manchester, England, on November 12, 1852. His real name was William Arthur Dunkerley. As Mr. Dunkerley he ran a successful wholesale grocery company with branches in Europe and the United States. As Julian Ross he wrote fictional serial stories in a newspaper. As John Oxenham, a pseudonym borrowed from *Western Ho!*, a book given him by his Sunday School teacher, he wrote many best-selling poems and hymns. It is said that he published more than forty novels and twenty other volumes of verse and prose. During the first World War, his *Hymns for the Men on the Front* sold eight million copies. Upon his death it was discovered that he had written sixty-two books using different pseudonyms. The British *Who's Who* says that Oxenham took up writing as an "alleviative and alternative from business and found it much more enjoyable." Despite his busy financial and literary interests, he was known as a devout and active layman in the Congregational Churches.

The tune, "St. Peter," is named for the St. Peter's-in-the-East Church, Oxford, England, where its composer, Alexander Robert Reinagle, served as organist for 31 years. The tune first appeared in 1836 in Reinagle's *Psalm Tunes for the Voice and Pianoforte*, originally set to Psalm 118.

An interesting account of the impact of this hymn relates an incident during the closing days of World War II when two ships were anchored together, one containing Japanese aliens, and the other American soldiers, all waiting to be repatriated. For an entire day they lined the rails, glaring at one another. Suddenly someone began to sing "in Christ There Is No East or West." Then another on the opposite ship joined in. Soon there was an extraordinary chorus of former enemies unitedly praising God with these words:

*In Christ there is no East or West, in Him no South or North;
but one great fellowship of love throughout the whole wide earth.*

*In Him shall true hearts ev'rywhere their high communion find;
His service is the golden cord close-binding all mankind.*

*Join hands then, brothers of the faith, what'er your race may be;
who serves my Father as a son is surely kin to me.*

Musically yours,
Barbara Votrobeck

*In Christ now meet both East and West, in Him meet South and North;
all Christly souls are one in Him throughout the whole wide earth.*





Peace & Global Witness Offering on World Communion Sunday, October 5

Through our gifts to the Peace & Global Witness Offering, Kenilworth is joining with others to make a greater impact in our world. A gift to this Offering enables the church to promote the Peace of Christ by addressing systems of conflict and injustice across the world, as well as right here at home.

- 25% stays with KPC to support peacemaking and reconciliation in our community.
- 25% goes to the Presbytery to join with other congregations to support peacemaking work in our region.
- 50% of this Offering supports the work being done by Presbyterians across the globe.



Peace begins with each of us. When we all do a little, it adds up to a lot!

SOUPER HOT TOPIC Thursday, October 23 at 5:30 pm

How about some hot soup and a hot topic to discuss in front of an inviting fire in the fireplace? Doesn't that sound like a wonderful way to spend an evening with friends?



Topic: Biblical responses when hate goes viral, based on an article from Presbyterian News Service, May 2025. Copies of the article are available at church or send request for a digital copy to Kenilworthpc@gmail.com.

We will begin with a light meal of soup, salad and dessert. Then we will gather around the fireplace for a discussion of the topic. There will be a sign up sheet for attending and for providing food. Please let us know if you plan to attend. Becky

A Message from Pastor Shela Sullivan

I am pleased to invite you to participate in a leadership workshop I am facilitating as part of my final-year doctoral research at George Fox University. My focus is *Leadership in Global Perspectives*.

This interactive workshop offers:

- Exposure to four distinct leadership styles
- A personalized leadership assessment
- A certificate of attendance
- Complimentary food and beverages throughout the session

The workshop is valued at \$500.00 per person/per module, but there is no cost to attend.

Your role?

Simply provide feedback by answering 5-6 brief questions at the end of the session.

Your discovery will help me shape the official launch planned for February 2026.

You are welcome to bring a guest who may benefit from the experience.

Come - Engage - Offer Feedback - Certificate of Attendance

CULTIVATING CROSS-GENERATIONAL LEADERS

FIVE WEEKS. FOUR MODELS. ONE MOVEMENT.

October 25th, 2025 | 10:30 a.m. - 4:00 p.m.
 Canby Public Library, Oregon
 Interested? RSVP: ssullivan06@georgefox.edu by October 1st
 Offered by Shela Sullivan, final year doctoral candidate

No Cost to Attendees
Snacks, Lunch & Beverage



Kenilworth Presbyterian Women - Saturday, October 18

Meeting 9:30 am Bible Study 10:00 am



In this year's Bible study, *Finding Resilience, Joy, and Our Identity in Jesus Christ*, we are exploring resilience. This is modeled for us by several biblical characters, gospel and epistle writers, as well as Jesus. In the first lesson, we looked at "Mary the Tower" which refers to Mary Magdalene, whose name is often linked to the Aramaic word Magdala meaning "tower." The title, "Mary the Tower," highlights her steadfast faith, courage, and significant role as a primary witness to the resurrection of Jesus, making her a spiritual pillar of strength for early Christians. This month's Bible study, lesson 2 will look at the resilience of Mary of Bethany.



Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. The LORD will not grow tired or weary whose understanding no one can fathom. The LORD gives strength to the weary and increases the power of the weak. Even youths grow tired and weary, and young people stumble and fall; but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. Isaiah 40:28-31

Session Highlights September 14, 2025



- Financial reports showed August expenses exceeded income by \$1,035. Expenses were in line with budget projections, however income from both regular giving and building use were down in August. August mission expense was \$987.
- Properties committee reported the south entry has been prepared for repainting. The roof leak on the south porch has been repaired and some rotting wood surfaces have been stabilized.
- The grounds team reported that new shrubs have been selected. Invasive foxtail grass is being removed, and plans to roto-till compacted soils are being finalized. A new planter box will be constructed at the corner between the peace poles.
- Session approved the proposed revision of the preschool teacher's contract as presented.
- Two requests for preschool tuition assistance were tentatively approved on a quarterly (3-month) basis pending receipt of additional information. Future assistance is available pending a quarterly review.
- Preschool enrollment is currently 11.
- Creston/Kenilworth Neighborhood Association is expected to host another open forum in the church sanctuary Monday evening, September 22.
- Session approved a reservation of the fireplace room for a Celebration of the life of Marvin Clark.

Weekly pulpit supply:	September	21	Rev. Michaela Drummond
		28	Rev. Steve Parker
	October	5	Rev. Michaela Drummond
		12	Rev. Dr. Tom Nolen
		19	Rev. Dr. Bob Stebe
		26	Rev. Dr. Bob Stebe
	November	2	Rev. David Jewel
		9	Rev. Tim Winslea, RN



Wy'East meals resumed in September after taking a summer break in August. We provided four casseroles, 60 buns with butter, dozens of muffins, a large fruit salad and soda from the Groceries 4 Grout pantry.



We provide food along with Rose City Park Presbyterian Church on a monthly basis. Our meal was very appreciated by the homeless and veterans sheltering at the Wy'East shelter. KPC also stepped up when we learned another site needed donations of canned goods. The Fort Kennedy non profit connects Veterans with services in addition to providing clothing, food and hygiene items for unhoused & low income veterans living in and around Portland.



So far KPC has donated over 90# of canned goods. There is an ongoing need for food & the collection box for canned goods is located in the church narthex if you would like to contribute.

Nancy

Update on Upkeep: Keeping KPC at Its best

During September, Karl, Zulmay, and David, disguised as painters, worked around the front of the church building. This followed preliminary sealing and priming by Rick and Karl when Rick also replaced a portion of the porch roof shingles. The window frames along the west side of the education wing, the porch pillars, a portion of the roof under-hang, and the siding west of the porch were painted to provide protection to the wood and a clean appearance. Rick, David and Jonathan cleared some gutters and downspouts.



Edith continues to lead landscaping work, with Ginia, Carol, Laura and Rick augmenting Bill's regular lawnmowing. Weeds have been weeded. Shrubs trimmed and vines removed. The peace poles are being refurbished. Karl removes pet poop contributions to the station out front.

Inside, Dan prepares communion elements, Rick fills candles with oil, Barb and others launder cloth napkins and tablecloths. Sunday Coffee hour hosts provide a diversity of delights. Laura assembles and prints the Sunday bulletin. Rick schedules pulpit supply and teaching and ruling elders bring the message of the Good News each week. People serve as worship assistants. Barb and Allison accompany our singing, and the choir regularly provides an anthem. Jon manages sound and online worship connections. Dan and Dave pass the offering plates. Phil, with Zulmay and Dave, lights the candles, a reminder that our savior, Jesus Christ, is the light of the world. The Tuesday prayer group lifts the prayers of the people to our Triune God. The Wednesday Bible Study gathers students of scripture. Becky updates our webpage, and YouTube channel, the virtual front doors of KPC. Allison edits and publishes the monthly newsletter.

The enormous service of G4G to our community well deserves specific affirmations and celebrations. Parents of the Kenilworth Community Preschool continue to maintain and improve their indoor and outdoor space. And on and on and on, praise God!

Some contributions are noticeable, others, not so. Some contributors are named, and some are inadvertently unnamed. But all, all of us, are engaged in worshipful work. A recent humorous comment describes how KPC folks step up to upkeep: "This is the Presbyterian way: Suck people in and no one is safe!" And all God's people smile and say: "Amen!"



FROM THE GREEN TEAM



How To Reduce Your Exposure to Microplastics: A 2025 Update

Extracted from an article by Sarah Lozanova, Earth911.com website, June 2025

This is the continuation of an article begun in the Summer newsletter. This question is "How Can I Avoid Microplastic? Part 2 was in the September newsletter.

Use Natural Fibers: Since synthetic fibers, such as polyester and acrylic, are known to produce microplastics, choosing natural fibers for your clothing and household goods would help reduce airborne exposure. Therefore, select carpeting, clothing, bedding, and towels that contain natural fibers whenever possible.

Additionally, synthetic fabrics, such as polar fleece, shed microplastic fibers into the water during laundering. Although this might not directly impact your exposure, it does increase the presence of microplastics in the environment.

When washing synthetic fabrics like polar fleece, they shed microplastic fibers into the water. To minimize this environmental impact, consider using a microfiber-catching laundry bag, washing synthetic clothes less frequently, and opting for cold water, which reduces fiber shedding.

Avoid Certain Types of Seafood: Unfortunately, because the marine environment is contaminated with microplastics, some types of seafood are also contaminated. In particular, small fish that are eaten whole and bivalves, including clams, mussels, oysters, and scallops, are of particular concern. Reduce your consumption of these types of seafood to reduce your exposure. Consider moderating rather than completely eliminating your consumption of these nutritionally valuable foods to balance microplastic exposure with their health benefits.

Don't Heat Food in Plastic: Studies show that heating food or water in plastic causes it to release more microparticles. So, avoid microwaving food in plastic or washing plastics in the dishwasher. Likewise, putting hot food in plastic dishes and using plastic cooking utensils, such as a plastic spatula, can be cause for concern. Glass and metal make great alternatives; just be sure to avoid putting metal items in the microwave. Metal or wooden cooking utensils are an excellent alternative to plastic ones.

Be Cautious with Takeout Containers: Research shows that people who order takeout four to seven times weekly may consume 12 to 203 microplastic particles from plastic food containers. Consider bringing glass takeout containers when picking up food or choosing restaurants that use compostable paper packaging.

Special Considerations for Parents: A study published in Environment & Health showed that bottle-fed babies may ingest approximately 660,000 microplastic particles annually. While breastfeeding is ideal, if bottle-feeding, avoid sterilizing plastic bottles with steam, which degrades the plastic and releases more particles. Glass or stainless steel bottles are safer alternatives. Becky



OCTOBER BIRTHDAYS

Connor Starling	19
Rick Votrobeck	22
Bob Mandel	30

"We thank our God every time we remember you. In all our prayers for all of you, we always pray with joy.
Philippians 1:3-4

Kenilworth Community Preschool



At KCP we believe that children learn best through play. The students explored the classroom - playing with the pom-pom sensory bin and the blocks. They flexed their creative muscles with a collaborative marker art piece and water colors!



**KPC on
YouTube**

Did you like the special music last week and would really love to hear it again?
Did you push the snooze button and missed church altogether?
Did the sermon really hit the mark and you'd love to hear it again?

Did you doze off during the sermon and need to fill in the blanks?

Well, don't fret about it. You can remedy the situation by checking out our YouTube Channel.

YouTube Channel? Yes, we have a YouTube Channel. Each week's worship service, from Prelude to Postlude is immortalized there. You can fast forward to the part you want to see or watch the whole kielbasa.

Just go to YouTube and type in Kenilworth Pres. The most recent two worship services should pop up. Click on the name of the church next to a picture of our church. This should bring up our channel. Select "live." You should now see lots of worship services to choose from. The services are listed by date. Some indicate a special service, like Bright Sunday or Gifts of Women Sunday.

You should really check it.



September 21



September 28

Kenilworth Presbyterian Church
4028 SE 34th Ave
Portland, Oregon 97202
503-235-3977

kenilworthpc@gmail.com

