



Kenilworth @ Work! March 2024



*Each of you should use whatever gift you have received to serve others,
as faithful stewards of God's grace in its various forms. 1 Peter 4:10*

**From the desk
of Pastor
Susan McDougall**



Dear Friends at Kenilworth,

We are almost halfway through Lent. Pastor David has graced us with a presentation on The Celtic Way. We have learned of various methods of prayer from Dr. Gary Neal Hansen, author of *Kneeling With Giants*. And this week we will walk the Camino de Santiago with Laura Schaefer. If you have been reading the Lenten Devotions, you have also been exploring being a Local Pilgrim.

My hope and prayer is that these Lenten offerings have enriched your life this Lenten season, as we journey with Christ on his way to the Cross.

May every day be a blessing, may every prayer draw you nearer to God.

Wishing you peace, Pastor Susan

Lenten Pilgrimage and Prayer

Lenten dinners continue on Thursdays through March 21.

Gathering at 6:15 pm with dinner at 6:30 pm

followed by Lenten program at 7:00 pm

**75
YEARS**



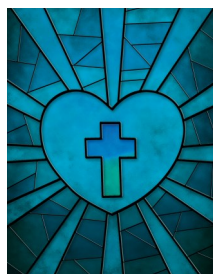
ONE GREAT HOUR OF SHARING

SPECIAL OFFERINGS

HUNGER • DISASTER • DEVELOPMENT

Restoring Hope, Feeding the Hungry Empowering the Oppressed

Typically received during the season of Lent, each gift to One Great Hour of Sharing supports efforts to relieve hunger through the Presbyterian Hunger Program, promote development through the Presbyterian Committee on the Self-Development of People, and assist in areas of disaster through Presbyterian Disaster Assistance. Use one of the special pew envelopes or otherwise mark your donation for OGHS.



*God, our Creator, You have given us
work to do and call us to use our
talents for the good of all. Guide us as
we work, and teach us to live in the
Spirit who made us your children, in
the love that made us one body,*

-Midday Prayer for Monday, Book of Common Worship





We give thanks for the lives of our brother and our sister in faith who are now at home with the Lord.

Hubert Newton Kathryn Morris

We pray that God's love will enfold, comfort and strengthen their families and all who mourn their passing.

The funeral and interment service for Rev. Huby Newton, our friend and former Parish Associate, was held at Old Scotch Cemetery on February 10, 2024. A memorial service in celebration of Huby's life will be held at Moreland Presbyterian Church, 1814 SE Bybee Blvd in Portland at 2 pm March 10, 2024 (which would have been Huby's 102nd birthday). Attendees are encouraged to wear yellow, Huby's favorite color.

A gathering of friends and family to remember and celebrate Kathy Morris' life will take place on June 15, 2024 near Kathy's hometown in the Wyoming Valley, Pennsylvania. Details will be announced as they are planned.



Kenilworth Presbyterian Women - Saturday, March 16 Meeting 9:30 am Bible Study 10:30 am



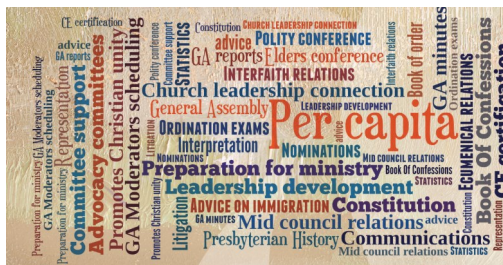
This year's Bible study Sacred Encounters: The Power and Presence of Jesus Christ in Luke-Acts continues with Lesson Seven: An Ethiopian Eunuch Encounters the Good News of Jesus. The central theme of the lesson is "the Word of God is an essential tool for expanding the reign of God." Carol Garner will lead the March Bible study lesson.

KPW will host the last Spring Gathering of the Presbyterian Women of the Presbytery of the Cascades on Saturday, April 13 and will lead worship in celebration of Gifts of Women Sunday on April 14.

Membership Dues?

No, we don't have membership dues. But we do pay a per capita which connects Presbyterian Church USA congregations and mid councils with the work of the wider church. As the primary source of funding for the Office of the General Assembly (OGA), it is how Presbyterians mutually and equitably share the costs of moving the church forward in the 21st century. This year, Kenilworth pays \$45.60 for each member as is shared with:

- \$ 9.80 General Assembly
\$ 5.22 Synod of the Pacific
\$30.58 Presbytery of the Cascades



March Birthdays



Table with 2 columns: Name, Age. Rows: Dave Ramsey (6), Shirlee Ebert (9), Mike Duran (16), Kate Geissler (21)

I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy. Philippians 1:3-4



Holy Week Worship

- March 24 Palm Sunday Worship 10:30 am
28 Maundy Thursday
Communion Worship 7:30 pm
29 Good Friday 3 to 5 pm
The sanctuary will be open for solitary contemplative prayer.
31 Easter Sunday Worship 10:30 am



Community Garden News



Spring is just around the corner! If you are thinking about growing your own garden this year, the KPC community garden has spots open! The garden spaces are approximately 8' x 16' size. The rental is \$60 for this size plot. This includes use of the water and green bin for weeds. We will have a water timer in place to help with watering. If you are interested or would like more information, please contact Nancy Youngs or church email: kenilworthpc@gmail.com

Also the KPC gardeners and KPC members & friends are welcome to use the farm discount of 10% offered at The Concentrates* in Milwaukie, OR for gardening supplies. Just mention KPC gardeners at the time of purchase.

*5505 SE International Way, <https://www.concentratesnw.com/>

“Hot Topic” Discussion Group - Wednesday, March 27 7:00 pm via Zoom

For discussion this month: *Huckleberry Finn's Moral Compass*

For the month of March, the discussion group's “Hot Topic” will be William J. Hawk's article: *Huckleberry Finn's Moral Compass*. Join us on-line as we discuss the moral compass in Mark Twain's American classic and how it relates to our world today and our own moral compass.



Here are a couple of interesting facts about Huckleberry Finn:

- Huckleberry Finn's character was based on a real person named Tom Blankenship who was Mark Twain's childhood friend and was four years older than him.
- Even though Huckleberry Finn is the most widely taught novel and a most influential work of American literature, it remains a hard book to read and teach.

I just completed the unabridged audio book with its long and detailed 43 chapters. As a school-ager, I read the abridged version with less details and more fluff.

Through the eyes of Huckleberry Finn, Twain shares his view of slavery and how his view changed.

Twain depicts in great detail the evils of slavery as the social norm of the day. Twain vividly describes his characters, several who are terribly flawed and often fall victim to many other social injustices of the 1840s including slavery.

Huckleberry Finn's Moral Compass will be sent out via email later this month. In the meantime, you may brush up on Huckleberry Finn by reading the book or reading some of the many articles offered on the web. All are welcome to participate in the “Hot Topic” discussion group. Please let me know if you would like to receive the discussion materials and Zoom link. Louise Langley



Session Highlights February 25, 2024



- Regretfully, Session received and accepted the resignation of preschool teacher, Allisen Hein to become effective at the end of this term in June. A search team is being established to begin the process of identifying candidates to fill her position for 2024-2025.
- Newly elected Ruling Elders: Carol Garner, Barbara Votrobeck, and Karl Berger were welcomed to the first meeting of their new terms. The congregation elected Carol and Barbara to each serve a full 3-year term, and Karl was elected to serve the last year of an unexpired term.
- Lenten Dinners will continue to be served in the fireside room Thursday evenings, gathering at 6:15 p.m., dining at 6:30 p.m. followed by a program at 7:00 p.m. This year's program theme is Pilgrimage and Prayer. The March dinners will be served March 7th, 14th, and 21st.
- A Maundy Thursday Communion Worship Service will be held in the Sanctuary Thursday evening, March 28 at 7:30 p.m.
- The Sanctuary will be open Good Friday, March 29, from 3:00 p.m. to 5:00 p.m. for solitary contemplative prayer.
- On Easter Sunday our Worship service will begin at our regular time, 10:30 a.m.
- Session reelected Rick Votrobeck to serve as Clerk of Session and Laura Schaefer to serve as Church Treasurer for 2024.
- Laura's Job description also received a new title in recognition of the work she has accomplished while our Stated Supply Pastor position has been vacant. Formerly the Office Assistant, Laura's new job title recognizes her as the Office Administrator.
- Session decided to continue the practice of locking and monitoring the front doors during Worship services in response to the security alert issued by the Presbytery of the Cascades in December, 2023.
- Session agreed that the Working Preachers Retreat at Ghost Ranch in New Mexico July 29-August 2, 2024 will qualify as continuing education if Pastor Susan chooses to attend.
- Session also approved the preparation and presentation of on-line membership classes to help solve the scheduling problems we've been experiencing getting everyone together.
- Concentrates, Inc. in Milwaukie, OR is offering a 10% discount to KPC Gardeners. Located two blocks from Bob's Red Mill Store, they market a variety of soil amendments, fertilizers, mulch, seeds, etc. for the garden.
- Session mourns the passing of Rev. Huby Newton, long-time Parish Associate of KPC, February 5, 2024. Born March 10, 1922, a celebration of Huby's life will be held at 2:00 p.m. at Moreland Presbyterian Church, March 10, 2024, the 102nd anniversary of his birth.
- April 7, 2024 will be the KPC Bright Sunday celebration. Rumors have been circulating that having been banished from the Garden of Eden, Adam and Eve are coming to Portland, OR.
- KPC will host the last Spring Gathering of the Presbyterian Women of the Presbytery of the Cascades, April 13, 2024.
- April 14 KPC will celebrate The Gifts of Women as our PW leads our morning Worship.
- May 5, 2024 has been designated as Earth Care Sunday, and the KPC Green Team will assist with morning Worship.
- Session agreed that the purchase of another garden shed dedicated to storage of polystyrene is a good idea to reduce congestion in church hallways, both for appearance and for safety. A better alternative to the collection box is also being researched.
- At KPC we strive to treat everyone with respect. Research is also being conducted to learn how other organizations deal with patrons who disrespect other patrons in their presence.



Kenilworth
Community Preschool

Dear Kenilworth Community,

Happy almost spring! As many of you know, I have submitted my resignation for the end of this school year in early June. It is hard to move on from a position you love but it is time for something new. I look forward to supporting the school and church with this transition, including hiring and training a new teacher in the coming months. My hope is to set the organization up for the best possible future. We have a dedicated parent community and we hope to make a seamless transition.

Preschoolers have been searching for signs of spring outside and they are starting to pop up everywhere! Digging in dirt is always a preschool favorite, and finding worms never gets old! Rocks from Eastern Oregon with sea shell fossils are being found alongside worms making digging all the more exciting. Kids love using their magnifying glasses to look closely at both. Our raised beds in the play yard have been trimmed, weeded and planted with peas and miners lettuce that kiddos will munch on in the coming months. In the classroom we have been talking about our Universe, Solar System, Earth and Moon and doing all sorts of fun space art.

Our auction is the school's biggest fundraiser of the year and just around the corner! Items are being uploaded to our 32 auctions website. The auction will be live March 9-17. Please visit 32auctions.com/KCP2024 to bid on a large variety of amazing items! Kindly, Allisen Hein



KENILWORTH COMMUNITY PRESCHOOL'S

ONLINE AUCTION FUNDRAISER

MARCH 9 -17

Visit the auction site to bid on items for the whole family!

32auctions.com/KCP2024

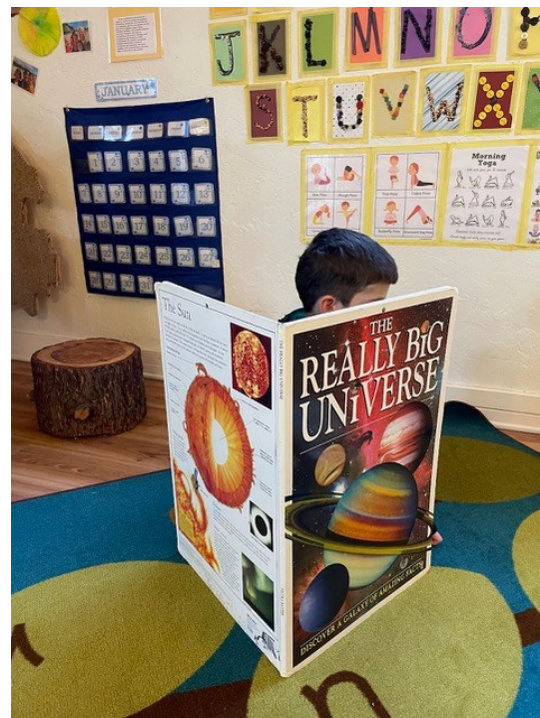
PROCEEDS SUPPORT LOCAL COMMUNITY PRESCHOOL

TICKETS TO PORTLAND'S BEST SPOTS!

WILLAMETTE VALLEY VINEYARDS OMSI

PORTLAND CENTERSTAGE OREGON COAST AQUARIUM

Kenilworthcps.org





GREEN TEAM REPORT

Easter and the Problem with Plastic



FACT: Every year the United States uses more than 250 million plastic eggs!

FACT: Every molecule of plastic produced since 1907 is still present in the environment!

Here are some ideas for an eco-friendly, plastic-free Easter this year.

- Use real eggs dyed with vegetable dyes or paper, wooden or ceramic eggs.
- Create recyclable Easter grass by shredding newspapers, colorful magazine pages or used wrapping paper.
- Make your own candy for the baskets or fill with non-food items such as seed packets, books, or puzzles.
- Visit a thrift store to find non-plastic baskets to use.

Store-bought dyes generally contain chemicals that pollute freshwater ecosystems and damage natural waterways. Instead, try natural dyes you can make from vegetables, spices, and fruits in your kitchen.

Here's what you need to know to make homemade Easter egg dye:

1. Boil the food item: Place 2 cups of water into a pan along with the food item of your choice. The more food item, the richer the dye. Bring the mixture to a boil, then let it simmer for 20 minutes. Strain and cool completely.
2. Add vinegar: Once the dyed water is cool, add 2 teaspoons of vinegar.
3. Soak: Start with hard boiled eggs at room temperature. Gently drop the cooked and room temperature eggs into the natural Easter egg dye so they are completely submerged. Let the eggs soak overnight in the fridge. The longer they sit, the more brilliant the color will be!
4. Dry: Pull the eggs out of the dye and place them on a clean towel, paper towel or wire rack. Let it air dry, do not rub it.
5. Dip again (optional): If you want to dip the egg again to get a darker hue or to create another color, now's the time.
6. Rub with oil: Once completely dry, you can gently rub eggs with oil to help prevent the color from changing. We found that some of the eggs changed colors over a few days time (especially the beet one). Do them the day before Easter if you'd like them to be as close to the color as you want as possible. You can use white or brown eggs. The colors will be different.
 - Red cabbage = vibrant blue on white eggs and green on brown eggs
 - Red onion skins = lavender or red eggs
 - Yellow onion skins = orange on white eggs and maroon on brown eggs
 - Grape juice gives an egg-cellent lavender
 - Paprika dyes a pink-red
 - Turmeric powder dyes yellow
 - Beet juice or shredded beets create bright pinks
 - Red Zinger tea makes lavender



Thanks to the following websites for posting these ideas:

<https://wrappily.com/blogs/news/plastic-free-guide-for-an-eco-friendly-easter>

<https://www.thekitchn.com/how-to-make-vibrant-naturally-dyed-easter-eggs-holiday-projects-from-the-kitchn-112957>

<https://lexiscleankitchen.com/easter-egg-dye/> and thanks to Becky Jewel for sharing them with us.



Groceries 4 Grout

Our statistics go from Friday to Friday, so an early report is available for this leap-year's February. The purchase of our fourth handcart seems to have somewhat smoothed the setup and breakdown of our Friday pantry's, but it's still a LOT OF WORK that we accomplish together. We welcome our new volunteer, Arlette, who's been helping, both with OFB receiving and pantry setup, on Fridays.

We desperately need egg cartons for repacking bulk eggs. Invite your family, friends, neighbors to drop them by Kenilworth PC, okay?

In appreciation of all that you do, Laura Schaefer, director

People served

1,263 people from 381 households

48 Wednesday deliveries

13,086 # total groceries received

9,688 # Oregon Food Bank

2,270 # Imperfect Foods

756 # New Seasons - Woodstock

173 # QFC - Westmoreland

150 # Other Donations

Volunteers

299 Hours

26 People



OREGON
HEALTH & SCIENCE
UNIVERSITY

OHSU Family Medicine at Richmond
3930 SE Division St
Portland OR 97202

As a Social Worker I just want to thank all of you at Kenilworth Presbyterian Church for your participation in the Groceries for Grout program. Your food ministry is incredibly important. There are very, very few food pantries in the 97202 and 97214 areas and in inner southeast Portland in general. Our clinic serves those living in poverty. I appreciate having a great resource like your program to share with people who live in the area.

Please share this thanks with all who help with this ministry to "the least of these" and please keep up the great work! Thank you.

Luana Nery, BS
Behavioral Health Resource Specialist, nery@ohsu.edu



Plans are in the works for our continuing celebration of Bright Sunday, held on the Sunday following Easter. Bright Sunday will feature an original play in the on-going pattern of biblical characters coming to Portland. This year, it's "Adam and Eve Come to Portland: Turning Over a New (Fig) Leaf in PDX." Heaven only knows what awaits them here!





During Kenilworth's February 25 worship service, our new elders Barbara, Carol, and Karl were ordained and installed.

The Session now consists of:

Moderator Pastor Susan McDougall

Clerk Rick Votrobeck

Class of 2025

Jonathan Jewel, Karl Berger

Class of 2026

Edith Starling, Paul Youngs

Class of 2027

Barbara Votrobeck, Carol Garner



BARB'S NOTE-ABLE NOTES



LENT...THEN EASTER

What a glorious truth to ponder - Jesus is not the "Great I WAS" but rather the Great I AM!" He is not only a historical fact, but a present-day, living reality. The whole system of Christianity rests upon the truth that Jesus Christ rose from the grave and is now seated at the Father's right hand as our personal advocate.

"Christ the Lord is Risen Today" has been one of the church's most popular Easter hymns since it was first written by **Charles Wesley** just one year after his "Heart-warming" experience at the Aldersgate Hall in London, England, in 1738. The first Wesleyan Chapel in London was a deserted iron foundry. It became known as the

Foundry Meeting house. This hymn was written by Charles for the first service in that chapel.

Following his Aldersgate encounter with Christ, Charles began writing numerous hymns on every phase of the Christian experience, some sixty-five hundred (6500) in all. It has been said that the hymns of Charles Wesley clothed Christ in flesh and blood and gave converts a belief they could easily grasp, embrace with personal faith, and if necessary, even die for.

If all of our eternity is to be realized on this side of the grave, we are hopeless and to be pitied (1 Cor. 15:19). But for the Christian, the resurrection assures us of God's tomorrow. This anticipation makes it possible to live joyfully today, regardless of life's circumstances.

1 Christ the Lord is ris'n today, Alleluia!
Sons of men and angels say: Alleluia!
Raise your joys and triumphs high, Alleluia!
Sing, ye heav'ns, and earth reply: Alleluia!

2 Lives again our glorious King, Alleluia!
Where, O death, is now thy sting? Alleluia!
Dying once He all doth save, Alleluia!
Where thy victory, O grave? Alleluia!

3 Love's redeeming work is done, Alleluia!
Fought the fight, the battle won, Alleluia!
Death in vain forbids Him rise, Alleluia!
Christ has opened Paradise, Alleluia!

4 Soar we now where Christ has led, Alleluia!
Foll'wing our exalted Head, Alleluia!
Made like Him, like him we rise, Alleluia!
Ours the cross, the grave, the skies, Alleluia!

From Amazing Grace: "366 Inspiring Hymn Stories for Daily Devotions" by Kenneth W. Osbeck

Musically yours, Barb Votrobeck



IN MEMORIAM



Kathryn Morris

With profound sadness, we announce the passing of Kathryn Morris. We know that God is rejoicing to have one of His most faithful angels back in His arms. Kathy lived a full life as a wonderful mother to her daughters Sarah and Libby, dedicated Nana to her precious Ian and Abram, loving sister, aunt, and cousin, caring kindergarten and first grade teacher for over 30 years, and a steadfast friend to many.

Kathy's faith in Jesus was not theoretical or detached, but it was a living faith. She endured hardships with joy. She loved everyone, and was especially drawn to the suffering or disadvantaged. Kathy would bear witness to God with anyone sitting close enough and quickly made friends by seeing something beautiful and unique in them. Kathy

cared for each person and remembered details about their lives in order to check on them later, especially her oncology nurses over the last five years and those sitting around her while receiving chemotherapy.

Kathy knew how to encourage others with the comfort she herself received from God. She was a woman of courage, facing every challenge and set-back with complete confidence in her ever-present Lord. She shined her brightest when serving others without paying attention to herself. Kathy rejoiced in the prospect of going to heaven to be with her daughter, Libby. In her last days, Kathy told everyone that she was at peace with dying and was an inspiration to even the hospice chaplain about her faithfulness and love of Jesus.

We are filled with sadness to lose this incredible veteran soldier of the cross, but rejoice that she has entered the city of the Living God and danced through the gates with singing. Everlasting joy and gladness crown her head. God has wiped away every tear and her face now glows with joy and her eyes sparkle with happiness. May we all follow in her example to love God, serve humbly and live faithfully.

Jesus said..."I am the Resurrection and the Life. Whoever believes in Me will live even though he dies; and whoever lives and believes in Me will never die." John 11:25-26

Contributions may be made in Kathy's memory to Kenilworth Presbyterian Church, 4028 SE 34th Ave, Portland, OR 97202 or online at kenilworthpc.com at the bottom of the 'About Us' page.



Huby Newton was a longtime friend & associate pastor of Kenilworth, and his wife Marie was a well-loved member prior to her death in 2014. Kenilworth's community used to go to his assisted living residence to sing Christmas carols with him.

Huby was born in Tukwila, Washington, to Dana Newton and Lois Cathey Newton, fifth of seven children. Huby graduated in 1946 from Seattle Pacific College, where he was student body president. He then attended New York Biblical Seminary where he met Marie Brooks.

Hubert Newton They married in 1948.

Huby served as a Presbyterian pastor and religious educator at churches in Delaware, Pennsylvania, Washington and Oregon. In 1956, they helped found a new church in Yakima: Westminster Presbyterian. In 1965, the family moved to Portland, and he was pastor at Moreland Presbyterian until 1977. He later became an award-winning life insurance salesman. In retirement, Huby served as a guest minister in local churches and regularly participated in worship at Kenilworth PC.

Huby was also a member of Kiwanis for more than 50 years. In 1985, he was appointed as chair of Kiwanis's Children's Miracle Network rep to coordinate fundraising. The resulting project was a coin-campaign where clubs collected quarters in soda cans. An event held in Pioneer Court-House Square led to Kiwanians filling a map of Oregon with the canisters. About \$12K was raised, which funded the purchase of two neonatal transport isolettes to bring seriously ill newborns by helicopter from their home hospitals to Doernbecher Children's Hospital in Portland. Huby's efforts led to the creation of the Kiwanis Doernbecher Children's Cancer Program which has since provided millions of dollars to help children and fund scholarships to medical students.

Huby and Marie are survived by his brother, Gordon; former wife, Peggy; his three sons: Jonathan (Meghan), David (Teresa) and Daniel (Terry); eight grandchildren and five great-grandchildren.

The 13160 SE 172nd Ave, Apt. 230, Happy Valley, OR 97086. family suggests donations in Huby's memory be sent to the Kiwanis Doernbecher Children's Cancer Program.

COOKING WITH CAROL

Ham & Potato Soup



Happy Easter Friends.

Many of us may be serving ham for Easter this month. This recipe is for soup made with ham and potato. You use a leftover ham bone and add some ham from a glazed ham. https://www.simplyrecipes.com/recipes/glazed_baked_ham/

Quick and easy using a slow cooker.

- Place your ham bone in 6 cups of low sodium chicken stock or water in a slow cooker, set on low the night before.
- Next day remove bone and remove any meat still on bone, add meat back to stock.
- Add 1 cup chopped onions, carrots and celery to the pot.
- About 2 pounds Russet potatoes, peeled and cut into 3/4-inch cubes
- 1 1/2 cups cubed ham (if using a ham bone), 3/4-inch dice
- Let cook until potatoes are tender, then add 1/4 cup of cream or plant milk, salt and pepper to taste. I didn't add any salt as I found it salty enough.
- If you would like it thicker you can blend some of the soup or add instant potato flakes to thicken.

Enjoy! Carol Garner

Note: Don't have a ham bone, just skip the overnight cook and add chopped ham and other ingredients with stock.

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