



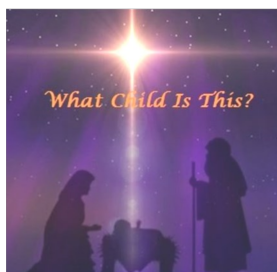
Kenilworth @ Work! January 2024



Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms. 1 Peter 4:10

BARB’S NOTE-ABLE NOTES

“When they had seen him, they spread the word concerning what had been told them about this child.” Luke 2:17



The question asked in this well-loved carol must have been uppermost in the minds of those present at Jesus’ birth and those who came to see him, including the Magi. We can almost hear the question being asked from one to another as they gazed into the humble manger. How difficult it must have been for them to understand that the babe who lay in “such lowly estate” was truly the promised Messiah. And through the centuries, people have continued to ponder who Christ really is - how He can be fully God and still fully man? Only through divine faith comes the revealed answer.

He who is the Bread of Life began His ministry hungering. He who is the Water of Life ended His ministry thirsty. Christ hungered as man, yet fed the multitudes as God. He was weary, yet He is our rest. He prayed, yet He hears prayers. He was sold for 30 pieces of silver, yet He redeems sinners. He was led as a lamb to the slaughter, yet He is the Good Shepherd. He died, and by dying destroyed death. Unknown

How beautifully the triumphant answer to this imposing question bursts forth in the refrain:
“This, this is Christ the King.”

This thoughtful text was written by William C. Dix, one of our finest lay hymn writers. While a successful insurance salesman in Glasgow, Scotland, he was stricken with a sudden serious illness at the age of 29. Dix was confined to bed for an extended period and suffered deep depression until he called out to God and “met Him in a new and real way.” Out of this spiritual experience came many artistic and distinctive hymns, including this delightful carol. It was taken from a longer Christmas poem, “The Manger Throne,” written by William Dix about 1865. The melody “Greensleeves” is a traditional English folk tune. Credit: AMAZING GRACE: 366 Inspiring Hymn Stories for Daily Devotions by Kenneth W. Osbeck

As ever, a big THANK YOU to those who contribute to the musical well-being of Kenilworth Presbyterian Church: Allison Zimmerman - pianist, Karl Berger, Carol Garner, David Jewel, Jonathan Jewel, Sharese Jewel, Rebecca Jewel, Rick Votrobeck, and Paul Youngs - choir members, Dave Ramsey - percussionist, Paul Youngs - flautist, and our new choir member, Jerry Fairbanks. Through music we praise God twice.

Wishing all a Happy and Healthy 2024! Musically yours, Barbara Votrobeck



A special meeting of the Kenilworth congregation will be held to elect a nominating committee on Sunday, January 7.





Memorial Service and Reception for Jeanne Keevil Saturday, January 20



The Kenilworth community is warmly invited to the memorial service and reception for Jeanne Keevil, who died December 15.

The service will be at noon in the sanctuary. Pastor Susan McDougall will preside.

The reception will be from 1:30-3:30 p.m. at Taborspace, which is part of Mt. Tabor Presbyterian Church, 5441 S.E. Belmont St.

Jeanne’s family will host a buffet lunch at the reception. Many thanks to the Kenilworth Presbyterian Women group, which will provide cookies! Katie Essick

“Hot Topic” Discussion Group, Wednesday, January 24 7:00 pm via Zoom

Presbyterian Women is hosting a new “Hot Topic” discussion group that will meet via the Zoom platform. This group is open to anyone who wants to be a part of the discussion. The facilitator will select a short magazine or online story that will serve as the basis of the monthly meeting. The story will be provided beforehand so that attendees can be prepared to join the discussion.



The Hot Topic discussion group will meet on the fourth Wednesday at 7 pm. A Zoom link will be sent prior to the event. If you would like to a part of this discussion group, please contact Becky or Laura. January’s meeting will be on the 24th.

The January Hot Topic is “Coming of Age,” based on a movie review of “Are You There, God, It’s Me, Margaret,” from the Christian Century magazine. A copy of the article will be sent to those who sign up and will be available at church. Please see Becky.

Symbols of Christmas



During the days between December 26th and January 6th, households will be dismantling Christmas decorations that decked the halls for the last thirty days. The nativity scene along with everything else in celebration of Christ’s birthday will be packed and laid to rest in some corner rarely visited until next Christmas. As we pack each little bauble into its overused plastic, cardboard, or paper bag, let’s take a moment to reflect on how these decorations that have stood the test of time remind us of the Christmas story.

Here are the 10 Christmas Decorations that are mentioned in Ten Symbols of Christmas by Charlotte Larcabal and Eric B. Murdoc for *Church Magazine*.

1. **The Star:** The star led the shepherds to the Christ child. Follow the light of Jesus.
2. **Lights and Candles:** Jesus is the light. We can be the light for others.
3. **Evergreen Trees:** Standing straight and tall even during harsh times
4. **Poinsettias:** Crimson red Christ’s blood spilt for us. White, Christ’s purity.
5. **Holly:** Green pointed leaves, thorns placed on Christ’s head. Red berries, Christ’s blood spilt for us.
6. **Wreaths:** Circular in shape, eternity and joy for the season.
7. **Bells:** announce the coming of the Christ and the glory of God. Peace and good will.
8. **Candy Canes:** “The crooked staff” that shepherds used to rescue their sheep. Christ leads us as a shepherd to safety and peace
9. **Stockings:** Selfless acts of service as Christ did.
10. **Gifts:** The Savior is the true gift of Christmas



So, as you pack away those old and new Christmas decorations, remember that you are not just packing things that made your house cheery and festive during a certain time of year. These decorations symbolize the story of Christ: His birth, His service, His death and His resurrection.

Blessings to you all, Louise K. Langley



Kenilworth Presbyterian Women - Saturday, January 27
Meeting 9:30 am Bible Study 10:30 am in person or via Zoom
Sacred Encounters: The Power and Presence of Jesus Christ in Luke-Acts

The Bible study continues with Lesson Five: *A Person with Leprosy Encounters Jesus*. The main idea of this lesson is “Jesus challenges us to overcome our prejudices, embrace others, and invite them into the community of faith.” Louise Langley will lead the January Bible study.



Kenilworth
Community Preschool



Happy New Year Everyone! December was festive and full of gingerbread stories in the classroom. We read many gingerbread books focusing on the beginning, middle and end of a story. We drew and painted gingerbread, focusing on all the parts of a face. We acted out several versions of the stories, and of course decorated some shockingly sweet cookies.

A few changes to our school’s make-up were made for the remainder of the school year to better meet the needs of our students. We will return to school on January 3 as one large mixed age class.



January 6th we will hold our Winter All School Meeting. This is the kick off of our auction season as families begin gathering donations for the auction in March. Parent education is an important component of our co-op’s philosophy. We will be hosting Julia Tomes at the meeting who will give an interactive presentation on Positive Discipline and Parenting. On January 6th our community will also participate in a work party doing what we can to clean up and take on chores around the building. Our board will shift our focus in January to recruitment for the 24/25 school year.



Our open house will take place on February 3rd from 10-12. Please share with any families with preschool aged children.

Wishing all of you a bright New Year.
Kindly, Allisen Hein, Teacher/Director Kenilworth Community Preschool

	January Birthdays	Sharese Jewel	24	<i>"I thank my God every time I remember you. In all my prayers for all of you, I always pray with joy. Philippians 1:3-4"</i>
		Robert Griffen	24	



GREEN LIVING TIPS FOR JANUARY Reducing Food Waste



The U.S. Environmental Protection Agency published a report in 2021 that estimated that if we cut all wasted food in half, it would reduce as much CO2 as shutting down 23 coal-fired power plants.

What can we each do to reduce food waste?

One way is using leftovers to minimize food waste and save time and energy. They can be a great snack, next day lunch, or even be used to make a quick meal. Leftovers from larger meals can be used later in the week or put in the freezer.

Here are some suggestions for using “planned-overs or leftovers.”

Rice can be used to make rice pudding and fried rice, or added to meatballs, soups, and casseroles. It can also be frozen. You may need to add a small amount of liquid when reheating leftover rice.

If your bread, leftover rolls, hamburger or hot dog buns are getting a little dry, consider making bread pudding or letting them dry out so you can make your own breadcrumbs. Use day-old bread to make French toast. If you have one or two hamburger or hotdog buns left in the package, use them to make cheesy toast by spreading with soft margarine, topping with any kind of cheese, and broiling in the oven until cheese is melted and lightly browned.

Pasta - Use in a pasta salad, soup or casserole. Freeze for later use in casseroles, soups, vegetable dishes, or as a side dish with a sauce.

Leftover fruit can be added to salads or pureed and used as pancake or ice cream topping. It can be mixed with yogurt, cottage cheese, or pudding. Leftover fruit can also be used in baked goods such as muffins or quick breads. Overripe bananas can be used to make banana bread or muffins, or frozen and used in fruit smoothies. Fruit juice can be frozen in ice cube trays and used for flavoring and chilling fruit drinks.

Use cooked or fresh vegetables in soups, salads, omelets, pasta dishes and casseroles. Leftover baked potatoes can be cut up and fried in a pan, used to make a quick potato casserole or potato soup, or the potato pulp can be scooped out and used to make twice baked potatoes. Leftover potatoes can be used in hash, pancakes, casseroles, and soup. Chopped raw onions, celery, or green peppers can be frozen in freezer bags or containers for use in soups, stews or casseroles.

Leftover cooked meat can be sliced to make sandwiches or shredded for use in tacos, enchiladas or barbecued meat. It could also be cubed and used to make in soups, salads, casseroles or meat and noodles or frozen for later use. Chopped meat can be used to make a sandwich spread.

Thanks to Lisa Franzen-Castle, PhD, RD, Professor, Extension Specialist, University of Nebraska, Lincoln



Groceries 4 Grout

We were back at Grout Elementary on the first Friday of the month (December 1) and held the pantry all five Fridays in

December. G4G is closing the year in a very strong way. Kudos to the many volunteers who stepped up to help while Laura and Cecily took some vacation.

Happy New Year!



People served

1,302 people from 405 households
46 Wednesday deliveries

12,378 # total groceries received

8,269 # Oregon Food Bank
2,540 # Imperfect Foods
1,245 # New Seasons - Woodstock
310 # purchased
15 # Other Donations

Volunteers

297 Hours
28 People



Session Highlights December 17, 2023



- New Member classes will be held in January with leadership shared by Pastor Susan McDougall and David Jewel.
- On December 24, the 11:30 fellowship time following morning Worship will be canceled and the Christmas Eve candlelight service will begin at 7:30 pm.
- The 2024 Red Cross Blood Drives at KPC will be February 29, May 30, September 5, and December 5.
- The Kenilworth Community Preschool will celebrate the Winter solstice December 21 from 4pm to 8pm on the labyrinth and in the fireplace room.
- A special congregational meeting will be convened immediately following the Sunday Worship service December 31 for the single purpose of electing a nominating committee for 2024.
- Letters are being sent to inactive members requesting a decision to maintain their membership.
- A non-charitable contributions account needs to be established for Presbyterian Women on-line sales receipts. Example: Vendors purchased table space for the flea market to sell their products. The cost of their space was their expense, not a donation.
- Session voted to extend preschool tuition assistance through March 2024 for one family in financial distress. Previous action had provided supplemental support through December, 2023.
- Session authorized up to \$200 of CATT (Communication and Technology Team) Grant funds for the purchase of two handheld wireless microphones.
- Session mourns the passing of Ms. Jeanne Keevil. Jeanne has regularly attended Worship at KPC for several years and her monthly book reports in the Kenilworth@Work newsletter were a highlight for many of its readers.
- Session has approved the request to schedule a Celebration of Life memorial service for Ms. Jeanne Keevil. Current plans are for Pastor Susan McDougall to conduct the service beginning at 11am, January 20, 2024 followed by an offsite catered reception.
- Laura Schaefer will be on vacation January 1 - 26, 2024. Rick Votrobeck and Nancy Youngs will attempt to monitor Kenilworth communications in her absence.

9 New Year's Resolutions from the Bible

1. **Teach with intelligence.** "Have nothing to do with foolish, ignorant controversies; you know that they breed quarrels. And the Lord's servants must not be quarrelsome but kind to everyone, able to teach, patiently enduring evil, correcting their opponents with gentleness" (2 Timothy 2:23-24).
2. **Pray for guidance.** "If any of you lacks wisdom, let them ask God, who gives generously to all without reproach, and it will be given to them" (James 1:5).
3. **Forgive those who have hurt you.** "Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you" (Colossians 3:13).
4. **Take care of yourself.** "Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; you were bought at a price. Therefore honor God with your body" (1 Corinthians 19:20).
5. **Love others.** "The most important one, answered Jesus, "is this: 'Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."



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6. **Be a role model.** "Show yourself in all respects to be a model of good works, and in your teaching show integrity, dignity" (Titus 2:7).
 7. **Don't be discouraged by failures.** "Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go" (Joshua 1:9).
 8. **Value your friendships.** "Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up the other. But woe to those who are alone when they fall and have not another to lift them up! Again, if two lie together, they keep warm, but how can one keep warm alone?" (Ecclesiastes 4:9-11)
 9. **Help those in need.** "Then the king will say to those at his right hand, 'Come, you that are blessed by my Father, inherit the kingdom prepared for you from the foundation of the world; for I was hungry and you gave me food, I was thirsty and you gave me something to drink, I was a stranger and you welcomed me, I was naked and you gave me clothing, I was sick and you took care of me, I was in prison and you visited me.' Then the righteous will answer him, 'Lord, when was it that we saw you hungry and gave you food, or thirsty and gave you something to drink? And when was it that we saw you a stranger and welcomed you, or naked and gave you clothing? And when was it that we saw you sick or in prison and visited you?' And the king will answer them, 'Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me'" (Matthew 25:34-40).



<https://www.aop.com/blog/9-new-years-resolutions-from-the-bible>

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