

Kenilworth @ Work!

May 2023



For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. Ephesians 2:10

Birthday Offering

The Birthday Offering is a PW offering collected in the spring of each year to celebrate the blessings in the lives of Presbyterian Women. The offering funds up to five projects that are not included in ongoing General Assembly mission support, such as agricultural development, child care, community organization, criminal justice, drug counseling, economic justice, elderly care, employment training, homelessness, literacy, violence and women's concerns.

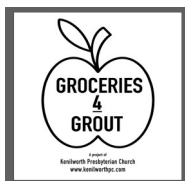
Since 1992, the Synod of the Pacific, the synod that Kenilworth PC is a part of, has received more than a million dollars for projects that helped low income and Native American families. A tiny house project in Cottage Grove, OR received \$100,000 in 2017.

Kenilworth PC has faithfully supported this mission contributing over \$2700.00 in the past 7 years.

Please continue to support this very worthwhile offering. There are yellow Birthday Offering envelopes at the church. Please note on checks or electronic donations that the funds are designated for the Birthday Offering.



April 2023 was amazing for Groceries for Grout.



This project hit new records during April:

1,594 people served (476 households)

68% are families from Grout Elementary

8% are families from Kenilworth Park Plaza

24% are others from the area

9,426 pounds of groceries received

853# gleaned from New Seasons Woodstock

3,534# gleaned from Imperfect Produce

5,039# from the Oregon Food Bank

223 hours donated by 24 volunteers

Together we make a difference.



THANK YOU ALL!



Blood Drive Kenilworth Presbyterian Church Portland

Thursday, June 1 12:30 to 5:30 PM

To schedule your appointment or for more information, please call 1-800-RED-CROSS

Or visit www.redcrossblood.org
Sponsor Code: Kenilworth

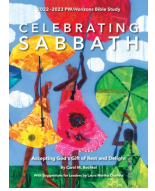
Your blood can save lives.

**Be part of something big.
Make an appointment.**



Kenilworth Presbyterian Women - Meeting and Bible Study

Saturday, May 20 9:30 AM in person and via Zoom
Celebrating Sabbath: Sabbath & Justice



Sabbath reminds us to honor God who honors us by giving us a day each week to reset our peace, our priorities and our lives. Key idea of lesson eight: Sabbath and justice go hand in hand. Celebrating the Sabbath means living lives of justice all week long.

Here's a link to bonus comments about lesson eight from Carol Bechtel, author of the Bible study.

<https://www.presbyterianwomen.org/2023/01/18/celebrating-sabbath-lesson-eight/>

These are the things the LORD has commanded you to do: For six days, work is to be done, but the seventh day shall be your holy day, a day of sabbath rest to the LORD. Exodus 35:1-2

Save the dates: We will be hosting a **Tea Party on Saturday June 24** from 11:30 am to 3 pm. Most of the proceeds will be donated to Shepherd's Door. At Shepherd's Door women and women with their children find healing through addiction recovery, vocational training, spiritual encouragement, and transitional support in a safe, retreat-like setting for one year.

We also will be holding a **Flea Market/Bake Sale event on Saturday, August 5**. People will be able to rent table space, manage and sell their own items. So mark your calendars and look for more information to come.

Please contact Carol Garner or Rebecca Jewel at kenilworthpcc@gmail.com with questions.

Hello to All Our Friends at Kenilworth Presbyterian!

First, thank you so much for your faithful generosity in supporting Gloria's Impact Circle. And now she's graduating later this spring. What a difference you've made in her life! Thank you!

I will be traveling to Rwanda in June both to welcome our new students into *These Numbers Have Faces* and to celebrate our 25 graduates. And we'd love to have you be part of this graduation celebration. We'd love to have you send a graduation card to Gloria with your personal note of congratulations. Simply send your card to our *These Numbers Have Faces* office so that we receive it no later than May 19, and we will hand deliver your card to Gloria as part of our graduation celebration.

Our address is: *These Numbers Have Faces*
Attn: Gloria, PO Box 13056 Portland, OR 97213



As always, please know we appreciate your faithful encouragement and support so much! What a blessing you've been for Gloria -- and what a blessing you are for all of us here at *These Numbers Have Faces*. Thank you!

With gratitude and joy,
Jim Pressnell,
Executive Director



These Numbers Have Faces
Educating and equipping Africa's
brightest young leaders, empowering
them to cultivate thriving communities.



Kenilworth
Community Preschool

Spring is in the air and Preschoolers are happy to be outside rain or shine! On rainy days they love to make rivers and ponds in the play yard. The gutter system creates a small stream into the dry well by the sandbox. Learning what sinks and floats, how to change the flow as well as simply jumping and splashing are spring favorites. In the sun we have been preparing our garden beds adding rich compost to our soil and talking about composting, worms and fungus. "Compost is a warm and cozy place," may be a new favorite kid quote as they wiggled their fingers down into the warm soil on a rainy day. We hope to have some peas and strawberries by the end of May, but much depends on what Mother Nature sends our way in the coming weeks.

On April 22 we held our Spring All School Meeting welcoming next year's elected officials to our school's board of directors. Enrollment for next year is strong, with just a few remaining spots. As the meeting wrapped, we had some walking tacos before all parents pitched in for the work party. So much weeding, spreading of mulch and over all care and maintenance went into the building and grounds as folks joyfully worked together in community. The end of May will bring our school year to a close, and I am looking forward to attending the NAEYC's (National Association for the Education of Young Children) Professional Learning Institute. This year's Institute is being held in PDX and offers 200 speakers over five days focused on Early Childhood.

Allisen Hein



BARB'S NOTE-ABLE NOTES
MUSICAL JOY



Easter Sunday I was pleasantly surprised when people began singing along with Handel's "Hallelujah Chorus" from *The Messiah*. I didn't know that many people knew it. So, I'm going to begin working with the choir on it so they can lead it next Easter and there will be music for others to use as well.

Then on Bright Sunday, I giggled when the kazoos joined in on "I'll Fly Away" and "This Little Light of Mine." I believe that is joy coming through each of you via the Holy Spirit. Please, keep joining in when the Holy Spirit moves you to do so. SING YOUR JOY!!

*"I will sing to the LORD as long as I live;
I will sing praise to my God while I have my being.*

Musically yours,
Barb Votrobeck



Session Highlights April 23, 2023



- Rev. Dr. Tom Nolen will lead Worship April 30, May 7, and May 21. Lay Pastor Shela Sullivan will return May 14, May 28, and June 4.
- The Search Committee received two direct applications, but they later removed themselves from consideration prior to being interviewed by COM.
- Session received a Building Use Agreement draft for further review.
- A list of Facility Use Community Standards and Rules will be posted on various bulletin boards throughout the church.
- Session authorized Laura Schaefer to meet with a representative, and deliver a written expression of concern to one group currently meeting in our building.
- Two additional heating contractors have met with Rick Votrobeck and David Jewel to make recommendations for updating the church heating system. Three proposals and estimates are expected with hopes of one being completed before the next heating season.
- Loan and Grant opportunities offered by the Presbytery, Synod, and the Presbyterian Foundation are all being researched to assist funding an updated heating system.
- Presbyterian Women received approval to promote and collect the annual Birthday Offering.
- PW will host a fundraising Tea social event June 24, and a Flea Market event on the labyrinth August 5, 2023.
- CATT Grant funds have been used to update the modem and router for the church internet system. The rental agreement for the replaced Century Link equipment has been terminated.
- Rebecca Jewel was elected to serve as Commissioner to Presbytery during Katie Essick’s absence.
- Rev. Tim Winslea announced his plan to resign as Moderator of Session. The pending date of his resignation will be determined by the COM’s appointment of a new Moderator.
- Gloria Iradukunda will graduate from the University of Rwanda this Spring. Gloria was enrolled with support from the organization **These Numbers Have Faces** in 2019, and the Peterson/Kenilworth Endowment has fully funded her impact circle with \$12,600.
- Session authorized the purchase of a Bible as a graduation gift for Gloria.
- The regular May Session meeting has been scheduled May 21, 2023 at approximately 1:30
Rick Votrobeck, Clerk of Session



Did you know that in 2022 David Jewel made 39 trips, totaling 1,014 miles, to transport Polystyrene to Agilyx in Tigard?



May Birthdays

| | | | | | |
|-------------------|---|-------------------|----|----------------|----|
| Timothy Kayrouz | 2 | Peggy Morgan | 7 | Peter Broberg | 28 |
| Alexander Kayrouz | 4 | Barbara Votrobeck | 11 | Sean Youngs | 29 |
| Phillip Back | 5 | Katie Kayrouz | 25 | Edith Starling | 29 |



News from the Green Team

This is just some of the trash and litter that was picked up in the neighborhood around the church on Saturday, April 22: EARTH DAY.

About 25 people, including a Girl Scout Troop, participated in the event sponsored by SOLVE Oregon. Thanks to KCP and Kara who led the way and provided leadership, and to church members who helped set up tables and canopies and joined in the clean up.



Donated athletic shoes: 26 shoes have been donated to the Ladies Oriental Shrine in support of their mission. Thank you for your support.

Green Team Challenge: Are those dishwashing and laundry pods good for the environment?

While those cute, handy pods we use for dishwashing and laundry have eliminated the large plastic jugs of soap and detergent, they do come with a price...plastic. The pods are covered with a plastic polymer, PVA or PVOH, polyvinyl alcohol, that dissolves in water. It dissolves, but it doesn't disappear.

It is estimated that over 20 billion PVA wrapped dishwasher and laundry pods are used every year. A research study suggested that 75% of the PVA particles remain in oceans, waterways and soils after they dissolve, polluting the environment.

There are better choices when it comes to washing dishes and laundry. Check the labels of products you use. Switch to products that do not use PVA or PVOH in their packaging. Protect the oceans, waterways and the soils where our children play and our food is grown.



COOKING WITH CAROL



Sunny's Pulled Pork

I saw this on The Kitchen show on Food Network and after trying it just had to share. For larger 4-5 pounds just double the amounts.

- One 1- to 2-pound boneless pork shoulder, fat cap removed
 - One 15.5-ounce jars salsa (mild, medium hot, however you like it)
 - Kosher salt and freshly ground black pepper
 - 1/4 cup peanut butter
 - 1 tablespoon ground cumin
- Garlic Mashed Potatoes, for serving,

1. Sprinkle the pork butt generously with salt, black pepper and about a tablespoon ground cumin. Place in a slow cooker.
2. In a medium bowl, whisk together the salsa, peanut butter and remaining tablespoon cumin. Pour into the slow cooker over the pork butt. Cook on low for 8 hours, or until fork tender.
3. Remove the pork butt from the slow cooker and shred with 2 forks. Serve in bowls over the Mashed Potatoes, topped with a ladle of the cooking liquid from the slow cooker. Enjoy!

Carol Garner



Talk Story at KPC 7th Installment

The white dogwood at the SW corner of our building is stunning in May. As a lot of things around Kenilworth, this too has a story. A very sad story.

It begins with the Vietnamese boat people. They were refugees who fled Vietnam by sea following the end of the Vietnam War in 1975. This crisis was at its highest in 1978-79, but continued into the early 1990s. The number of boat people leaving Vietnam and arriving safely in another country totaled almost 800,000. Many of the refugees failed to survive the passage, facing danger from pirates, over-crowded boats, and storms. It's estimated between 200,000 and 400,000 boat people died at sea.

Kenilworth responded by sponsoring the resettlement of at least three boat people in Portland. Duane & Betty Schaefer and Ned & Zelma Weymouth opened their homes to one or more individuals as they learned English, found jobs and were ready to set out on their own. Lenore Frimoth, Gale McDonald and Ellen Martin were deeply involved in the creation of SOAR (Sponsors Organized to Assist Refugees). SOAR continues today as an agency of Ecumenical Ministries of Oregon.

A Cambodian family found their way to KPC in Portland, via Thailand. Chou Kun Aing became a member and ruling elder of KPC. He and his wife, Eng Keu, brought their two young boys (Kiry & Muy Chou) and a niece & nephew (Chantha & Narin) to Portland. Kiry & Muy attended Woodmere Elementary and Chantha & Narin attended Cleveland High.

On a Monday afternoon of December 1987, Kiry, Muy and Chantha were brutally murdered moments after walking into their house. The 16-year-old Narin was apprehended and charged with the slaying. Gale McDonald frequently visited this troubled young man in Multnomah County jail. After several weeks, he took his own life there.

The white dogwood stands today as a memorial to the Aing family.



*And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep praying for all the Lord's people.
Ephesians 6:18*

Kenilworth Prayer Circle meets
Monday 6:45 PM via

If you have prayer requests or would like to join the Prayer Circle, send a message to kenilworthpc@gmail.com

Wednesday Prayer 12:00 Noon via Zoom

Tim Winslea, Parish Nurse, invites you to join in prayer each Wednesday at noon.

Zoom invitation: <https://us02web.zoom.us/j/73521270176>
pwd=R0xWQVZIWHdpblZ3M2M2Z2FvYjcwQT09
Meeting ID: 735 2127 0176 Passcode: 8FwYaH



A Colorful Bright Sunday

Bright Sunday, the Sunday after Easter, was a great time of laughter and fun. Not less than 17 people had roles on stage or in support of the service, several more offered jokes at the open mic, and just about everyone was in on the chorus of kazoos. This year's original play continued the tradition of biblical characters coming to Portland. Willa Ramsey starred as young Joseph, The Old Testament One, the Dreamer, and sang a customized version of "True Colors." The service was dedicated to former Pastor Emeritus, Rev. Elmer "Bud" Frimoth, who died this past year. Bud sowed seeds of holy humor at KPC that continue to bear delightful fruit.



Recap & Reprise



Joseph's older brothers have placed him in a recycling bin headed to Portland. In Portland, Fay Rose finds Joseph and asks him to be a part of her business. Joseph tells Fay Rose that he knows she is good and can be trusted because he can see her true colors. Cindy Lauper sang the original words, but these are the words that were sung by Joseph, standing in a recycling bin.

You with the cow dreams, Your future is bumpy.
And although it seems it could make you grumpy,
God has forecasted there'll be good and bad years,
And a partner you trust can help to calm your fears

And I see your true colors, shining through.
I see your true colors and that's why I'll join you.
So don't be afraid to let them show-
Your true colors, true colors are beautiful,
like a rainbow.

Do you recall when I was unhappy, in a compost bin.
Tossed out by my family, but you took me in,
And you treated me like a son, you gave me a job
And a factory to run.

And I see your true colors, shining through.
I see your true colors and that's why I'll join you.
So don't be afraid to let them show-
Your true colors, true colors are beautiful,
like a rainbow.

If your dreams make you crazy, and you've
taken all you can bear,
You call me up because you know I'll be there.

And I see your true colors, shining through.
I see your true colors, and that's why I love you.
So don't be afraid to let it show.
Your true colors, true colors, true colors shining
through.

I see your true colors and that's why I love you.
So don't be afraid to let them show
Your true colors, true colors are beautiful,
beautiful, like a rainbow.



Just a reminder that every Wednesday at noon, members of the Presbyterian Urban Network (that includes you) gather to pray for all of our churches, others we hold in our hearts, and ourselves.



We also discuss how our faith effects how we understand our health and how healthcare effects our relationship with God. This brief, 30 minute, prayer time is a perfect pause in the middle of the week and you are all encouraged to stop by and see if this is just the spiritual boost you have been missing. Tim Winslea

Zoom invitation: <https://us02web.zoom.us/j/73521270176>
pwd=R0xWQVZIWHdpblZ3M2M2Z2FvYjcwQT09
Meeting ID: 735 2127 0176 Passcode: 8FwYaH

"Put Something In"

Draw a crazy picture,
Write a nutty poem,
Sing a mumble-gumble song,
Whistle through your comb.
Do a loony-goony dance
Cross the kitchen floor,
Put something silly in the world
That ain't been there before.



from "A Light in the Attic"
by Shel Silverstein



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